

# February

## Pullman Senior Citizens Association

325 SE Paradise Street, Pullman, WA 99163 ~ 509-338-3307

### Mark Your Calendars

AARP Tax Aide begins.....	Feb 2,9,16,23
Birthday Party.....	Feb 3
Valentine's Dinner & Dance.....	Feb 8
Red Hats.....	Feb 9
Fire Dept. Presentation.....	Feb 10
Ole Time Fiddlers.....	Feb 13
Wii Bowling Practice.....	Feb 13,15
PSCA Potluck/Business Mtg. ....	Feb 14
Lewiston Shopping.....	Feb 15
Wii Bowling at Bishop Place.....	Feb 16
PCOA Meeting/Chore Meeting.....	Feb 16
Kitchen Band.....	Feb 17
Bingo.....	Feb 17
<b>CLOSED Presidents Day Holiday.....</b>	<b>Feb 20</b>
COA Meal.....	Feb 21
Blood Pressure.....	Feb 21
MAC Museum & Campbell House.....	Feb 22
WSU Retirees Meeting.....	Feb 23
PSC Supper Club.....	Feb 23
Cribbage Day.....	Feb 24
WSU Athletes Game Day.....	Feb 27
Northern Quest Casino.....	Feb 28
Uniontown Sausage Feed.....	Mar 5
Collette Presentation.....	Mar 6

**The Senior Center office will be closed on Feb. 20 for the Holiday and COA meal will be changed to Feb. 21**

### A note from Steve



We have a lot of activities this month, so get outta the house and join us. Learn how to protect yourself in your home against fire related accidents, to be held Feb. 10. Also, you need to get the NEW blue parking pass, so bring yours in to exchange for the new one.

Dress up for the Valentine's Dinner & Dance! A really special night for members to enjoy our friends from Hillyard Senior Center. Great oldies music for dancing, provided by Jerry Unruh and a special dinner as always. See you there!

***Thanks, Steve***

## Valentine's Dinner N' Dance

**Wednesday, February 8**

**5:30 - 8:00pm**

Our annual "Dress-up" event! Treat yourself and/or your sweetheart to this fun-filled event! Enjoy a special dinner that will include a luscious Chocolate dessert. Afterwards, lots of dancing with great oldies live music provided by The Jerry-At-Ricks Band from Hillyard Senior Center. A door prize will be drawn for "Dinner for Two at Applebees restaurant". Just \$18.00. **Call Steve at 338-3307 for your reservations.**



# Menu

(Note: Menus subject to change without notice!)

- Feb 03 Pork roast, mashed potatoes, vegetables, apple sauce, Birthday dessert
- Feb 06 Chicken pot pie, fruit salad, dessert
- Feb 10 Blueberry pancakes, scrambled eggs, bacon, breakfast fruit
- Feb 13 Cranberry meatballs, white rice, sliced pears, relish tray, brownie
- Feb 17 Philly cheese steak sandwiches, French fries, apple slices, banana pudding
- Feb 21 Tater tot casserole, green salad, sliced peaches, banana bread
- Feb 24 Pork chops, apple sauce, roasted carrots, wheat roll
- Feb 27 Chef salad (w/ ham, turkey, tomato, cucumber, cheese, and hard broiled eggs), bread slice, fruit, dessert

**Lunch Costs:** 60 yrs and older—Suggested cost is \$4.25  
Under 60 yrs—meal charge is \$6.50

Sponsored by the Council on Aging

*Sponsored By: Regency Pullman*

## Birthday Party

*“Win a Free Day Trip”*

**Fri., Feb. 3rd~ after COA Meal:**

*Special Thanks to:*

**Regency Pullman for  
sponsoring our FREE Day trip & prizes.**

# February Birthdays

**Celebrate with us on Feb 3rd**

Michael Kane.....Feb 01	Margaret DeMartini..... Feb 13
Harold Smart .....Feb 01	Donna Fischer ..... Feb 13
Jane Fredrickson....Feb 05	Roger Marcus..... Feb 16
Doreen Broyles.....Feb 06	Loraine Bell ..... Feb 20
Edna Joachim.....Feb 07	Carroll Hughes ..... Feb 21
Richard Murfin .....Feb 07	Karen Lewis..... Feb 22
Bonnie Nelson .....Feb 07	Freida Winterroth ..... Feb 24
Vaneta Wicker .....Feb 08	Doris McDougall..... Feb 25
Mikki Tague .....Feb 09	Maurice Windsor ..... Feb 28

Birthstone—

Flower—

Amethyst

Primrose

# January Birthdays







# Irish Feast

## Wednesday, March 15

### Served 11:00am - 1:30pm

### Cost: \$8.00

Join us for an original Irish meal with corned beef & cabbage, salad, hot bread, pie and coffee. All proceeds benefit the Pullman Senior Citizen Association. Dave Shermer (retired from Tam's restaurant) will be our chef for this tasty meal. You can pay at the door or buy tickets ahead at the Pullman Senior Center. This event will be held at the Pullman Senior Center, located at City Hall, 325 SE Paradise St.. For info, please call 338-3307

**Welcome our New Members:**

Dave & Tam Shermer

Linda Sorensen

*Welcome*



## NEW Parking Passes

ALL Members MUST turn in their old parking passes and get the NEW "blue" passes. Please bring in your old pass and exchange it for the new pass. You have until Feb. 28th to get it, and if not, you could be ticketed.



## February Meetings

Red Hats ..... Thu, Feb 9 at 10:30am

PSCA Potluck..... Tue, Feb 14 at 12:15pm

PSCA Business Meeting..... Tue, Feb 14 at 1:00pm

COA Meeting ..... Thu, Feb 16 at 3:30pm

Chore Service Meeting ..... Thu, Feb 16 at 4:30pm

WSU Retirees ..... Tue, Feb 28 at 1:30pm



## Bingo

Friday, Feb. 17, at 12:30

Join us at the Senior Center after lunch for a fun-filled afternoon playing Bingo. Bishop Place will be our event sponsor and providing our prizes each month.

**We appreciate their support!**

## SPECIAL NOTES

- Registration for winter trips has begun and one can sign up at the Senior Center (509-338-3307), at the Parks & Recreation Office (509-338-3227), or online at: **[PullmanParksandRec.com](http://PullmanParksandRec.com)**
- See the winter brochure and newsletter online at: **[PullmanParksandRec.com](http://PullmanParksandRec.com)**
- Dues are now \$15 and \$25/couple. Check your newsletter label for your dues renewal date in the upper right-hand corner.

# February Trips & Activities

## **Valentine's Dinner & Dance**

Join your friends for this annual "Dressy" Affair! Enjoy a delicious catered meal and DJ Jerry Unruh playing the sweetest dance music. Hillyard Senior Center will be joining us for a packed evening that will provide loads of fun. Enjoy a "very" special dinner that includes a luscious Chocolate dessert. Home pick-up begins 1-hr prior to scheduled event. Fee includes meal, entertainment, and transportation.

Register by: Feb 6

Location: Senior Center    Min 15/Max 50

W        Feb 8                5:30-8:00pm

Resident: \$18/N-Resident: \$20

## **MAC Museum & Campbell House Tour**

Visit the newest exhibit, "Titans of the Ice Age, Mammoths & Mastodons", a traveling exhibition from Chicago. See original artistic creations including: environmental murals; life-sized replications; and soundscapes immersing visitors in Earth's diverse ecosystem.

Lunch will be at the MAC restaurant, followed by a tour of the Campbell House. Home pick-up begins 1-hr prior to scheduled departure.

Fee includes: tour, escort, and transportation. Meal cost not included. Register by: Feb 13

Location: Spokane, WA    Min 8/Max 18

W        Feb 22                12:30am-8:00pm

Resident: \$19/N-Resident: \$21

## **Northern Quest Casino**

This is our "most popular" casino trip. As the largest casino in our area, it has 14 different restaurants and food vendors. Home pick-up begins 1-hr prior to scheduled departure. Fee includes: escort and transportation. Meal cost not included. Register by: Feb 24

Location: Airway Heights, WA    Min 8/Max 31

Tu        Feb 28                9:00am-5:00pm

Resident: \$12/N-Resident: \$14

We are not responsible for any losses incurred.

## **Uniontown Sausage Feed & Church Tour**

The ultimate old fashioned, German-style food event held in the Palouse for over 50 years! An "all you can eat" meal with: homemade sausage, sauerkraut, apple sauce, potatoes, corn, and your choice of pie for dessert. Home pick-up begins 1-hr prior to scheduled departure. Fee includes: meal, escort, and transportation. Register by: Feb 26

Location: Uniontown, WA    Min 8/Max 18

Su        Mar 6                9:00am-12:00pm

Resident: \$13/N-Resident: \$15

## **The Essentials of Advanced Care Planning:**

Learn why advanced care planning is important for all adults and how to complete your advance directives. You will have a chance to put your wishes in writing. You will be guided by certified Respecting Choices Advanced Care Planning facilitators through the planning process.

Please pre-register by calling Friends of Hospice at 332-4414 or Parks & Recreation at 338-3227

Date: March 2 & May 4

Class is FREE, although donations are gladly accepted

Time: 9:00am-noon

Sponsored by Friends of Hospice

Location: Pullman Senior Center

**Register by calling 509-338-3307 or 509-338-3227**



## Canyon Country

Sept 25-Oct 3

Marvel at the red and white sandstone cliffs of Zion National Park. Explore the most amazing spires of Bryce Canyon Park. Behold the breathtaking views of the vast Grand Canyon. Delve into the Native American history and have an opportunity to chat with local tribe members. Your hotel room for two nights will be overlooking the stunning Lake Powell. Fee includes: airfare, lodging, 11 meals, admissions, taxes, escort, and transportation to and from Spokane International Airport. Get your Canyon Country flyer today by seeing Steve at the Pullman Senior Center or calling 509-338-3307.

Registration by: Jul 24



M-Tu Sep 25-Oct 3

Double Occupancy: \$3,169 w/discount: \$2,999

Single Occupancy: \$3,919 w/discount: \$3,749

Please attend the Collette Power-point presentation by John Shaw on Monday, March 6, at 12:30pm

## PSC Supper Club

Thursday, February 23rd

In Moscow

**"Gambino's"**

Leave City Hall at 5:00pm

Home pick-ups begin at 4:00pm

## Shopping in Lewiston

Wednesday, February 15th

Leave City Hall at 10:00am

Home pick-ups begin at 9:00am

Indoor mall and variety of stores

Lunch is on your own

## AARP TAX-AIDE

Every year in Pullman, AARP Tax-Aide helps seniors prepare their income tax and get the deductions and credits they deserve. This **FREE** service will be held **every Thursday from February 2 to April 13**. It will be "first come, first serve" basis and be held from **9:30am-2:00pm**.

For more information, contact  
Randy Baukol at 208-882-5406.

PULLMAN SENIOR CENTER  
325 S.E. Paradise Street  
PULLMAN, WA 99163

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**SENIOR  
ASSOCIATION**

**Co-Presidents**

Joann Ailor  
Marlene Stephens

**Co-Vice Presidents**

Pat Hudak  
Annabelle Syms

**Treasurer**

Mary Cole

**Secretary**

Jere' Strang

**Board Members**

Betty Millham  
Helen Peru  
Peter Haug  
Jolie Haug  
Carroll Hughes  
DJ Warner

**Past President**

Sharon Sharp

**PULLMAN SENIOR CENTER INFORMATION**

**Senior Program Coordinator**

Steve Bell at 509-338-3307 (has voicemail)

**Email: [steve.bell@pullman-wa.gov](mailto:steve.bell@pullman-wa.gov)**

**Location & Mailing Address:**

**325 SE Paradise, City Hall, Pullman, WA 99163**

**Lunch Pick Up and Shopping**

Call DJ Warner at 509-332-1933 from 9:00-10:00am to sign up.

**Senior Center Van Driver**

Rick Stephens, Cell: 509-595-3879

**Pullman Senior Citizens Association & Senior Center**

For information about the Pullman Senior Citizens Association, the Senior Center, the newsletter, programs, trips or other senior services, please call (509) 338-3307. Membership dues are just \$15/single and \$25/couple annually.

**Senior Citizens Mission Statement**

Our purpose is to promote the social, cultural, spiritual, economic, physical, and mental well-being of the citizens of the community with particular attention to the older age group.